

SWSC Coronavirus Risk Assessment / Method Statement 21 May 2020

Areas	Controls
General	<p>To operate SWSC safely and within the Government guidelines concerning the Coronavirus pandemic.</p> <p>To facilitate and require social distancing at all times, reinforced with appropriate signage.</p> <p>To require members to bring their own equipment.</p> <p>Club owned equipment related to training not to be used.</p> <p>Training school will continue to be suspended and reviewed weekly.</p> <p>Dragon boating will continue to be suspended and reviewed weekly.</p> <p>If you think any equipment has been exposed to the virus, clean and do not use for 72hours.</p>
Reducing risk of virus transmission	<p>Require that anyone who is unwell with the symptoms of Covid19 avoid attending the club.</p> <p>Require that anyone with contact of those unwell avoid attending the club for 14 days.</p> <p>Encourage everyone to wash their hands after touching common surfaces and always after coughing, sneezing and arriving and leaving the club.</p> <p>Encourage everyone to cover their mouth and nose when sneezing or coughing and avoid touching their face, nose and eyes.</p> <p>Require that everyone maintain social distancing.</p> <p>Food and beverage facilities at the club are presently closed and reviewed weekly. Out sales of drinks and crisps etc are available.</p> <p>Ensure that facilities to wash or sanitise hands are available.</p>
Facilities	<p>Maintain social distance around the grounds of the club and observe signage.</p> <p>Consider arriving at the club ready dressed for sailing.</p> <p>Only changing rooms and toilets open to members – not bar, not conservatory.</p> <p>Only 4 female changing at anyone time.</p> <p>Only 10 male changing at anyone time – 2 in each quarter of the front changing room and 2 in the rear changing room. Only one at the urinals at a time. Allow more time to get ready safely.</p> <p>Open windows in the changing rooms.</p>
Launching / recovering boat	<p>Maintain social distancing when rigging / de-rigging, launching and recovering boat.</p> <p>Allow more time to launch and recover safely.</p>
Activities	<p>The range of activities at the club will be reviewed periodically in line with current guidelines from the RYA and Government. For the time being Dragon Boating and Sailing School are suspended.</p> <p>Whilst the vast majority of sailing dinghys are single handers. Those wanting to sail larger boats must be crewed by members of the same household. Sailing may then resume,</p> <p>Paddleboarding may resume at the club.</p>
On the water safety	<p>Preparing safety boat – Ensure all usual procedures are followed. Ensure sufficient throw lines / bags / life buoys are aboard. Allow more time to prepare the boat and yourself.</p> <p>Launch and recovery of safety boat – The small rigiflex safety boat should be used where possible, which can be launched and recovered easily by 2-3 persons maintaining social distance. Consider tow from vehicle if the water drops significantly. Allow more time to launch and recover safely.</p> <p>Safety boat crew – Where and when possible the boat will be crewed from 2 members from the same household. Even with the many family members we have, there will be times when the boat will be single manned. Consider the use of PPE gloves and masks.</p> <p>Safety boat techniques – Maintain hailing distance unless physical support is required. When necessary tow astern rather than along side. When recovering from the water use methods to minimise contact. The Safety Boat Instructor will brief safety boat crew on technique both for two man crew and for single handed operation prior to launch.</p> <p>Officer of the day – In charge of the days sailing. Only the OD allowed in the OD box. The OD shall ensure that sailing is only allowed in conditions 0 – 3 inclusive (not force 4 and above) on the beaufort scale to reduce to a minimum the risk of capsize and hence the use of the safety boat and crew. The OD shall set course to restrict area of sailing to make it easier for safety cover.</p> <p>Participants -</p> <p>Stay within the limits of your ability – consider competence, forecast, visibility, participants.</p> <p>Allow more time to sail safely.</p> <p>Maintain social distance.</p>